



Early Childhood News

March – May 2009

Early Childhood Connections

NEW CHILD CARE TRAINING OPPORTUNITY

Attention: Child Care Providers Caring for 2 to 5 Year Olds in Western SD

Looking for more nutrition and physical activity ideas and resources to reach those “picky eaters, food wasters and sandbox aficionados”? It is important to teach healthy living at an early age and to be a positive role model as a child care provider.

The Fit from the Start Initiative is a free training program designed to enhance the skills, training, and knowledge of South Dakota child care providers. The Initiative seeks to improve nutrition and physical activity practices, policies, and environments in child care facilities and reduce childhood obesity by encouraging a healthy child care environment.



Fit from the Start Initiative Components:

- Fit from the Start training program
- Healthy Kids Child Care Curriculum training
- SD Physical Activities and Healthy Snacks for Young children resource cards
- SD Policies and Best Practices for Nutrition and Physical Activity in Early Childhood Settings resource cards
- Ongoing technical assistance

You will receive:

- Annual training credits
- CEU credit for CDA renewal
- Fit from the Start Initiative Certificate of Completion
- Access to resources and equipment to support nutrition and physical activity
- Stipend for materials will be available upon completion

Training will be conducted throughout the western region of South Dakota

Interested participants may contact Jan Tysdal at Early Childhood Connections, 809 South Street, Suite 304, 342-6464 or toll free: 1-888-999-7759; or E-mail jtysdal@rushmore.com. In the Northern Black Hills, contact Jennifer Nelson, at jennelson@rushmore.com.

Improving the Lives of our Future Generation...

National Child Care Providers' Appreciation Day

National Child Care Provider Appreciation Day is May 8, 2009, and Early Childhood Connections would like to take this opportunity to thank you for all that you do for the young children of South Dakota. Your dedication, energy and love for the children you care for deserves a special day of thanks! For more information, visit www.appreciationday.org.



Our Mission:

To enrich the lives of children by working with the adults who affect their lives—parents, caregivers, and educators.

New Web site helps South Dakota parents with children's mental health needs

Fostering a child's mental health is as important to overall well-being as shelter, nutritious food and health care. Good mental health allows children to think clearly, develop socially and learn new skills.



A new Web site — www.sdkidsmentalhealth.org — developed especially for South Dakota parents, includes information about mental health disorders that can affect children, available services, and how and where to get help. The Web site includes:

- A Parent's Guide to Children's Mental Health Services in SD,
- A companion video to the Parent's Guide can be viewed on the site,
- The Wings for Life parent newsletter series, with information and tips relating to children from kindergarten to 8th grade,
- Searchable directory of mental health providers throughout SD,
- Searchable bibliography of helpful children's books,
- Other resources.

South Dakota Voices developed this Web site for Children with the guidance of experts in the field and a Mental Health Advisory Group. We are grateful for The Wellmark Foundation's funding support in developing the Web site and for sustaining support from Avera and Sanford Health.

Contact: Betsy Rice, Communications Specialist, South Dakota Voices for Children, 605 367-9667

A Special Shout Out for Tara Clark!

Early Childhood Connections would like to extend a special congratulation to Tara Clark on receiving her Second Setting CDA in Preschool. There are not many who have taken the extra step to receive both the Infant/Toddler and Preschool credentials. She may in fact be one of the first in South Dakota. It took a lot of self-discipline to make this achievement a reality. Tara had to show documentation of 45 clock hours of training, specific to the second setting. She also had to complete 60 clock hours of work experience with children of the second setting/age group. She then took on the task of collecting documentation of a Professional Resource File, Parent Opinion Questionnaires and have someone complete a formal observation. With the second setting there is no verification visit by the council so Tara was responsible for mailing all her documentation into the Council. We are really proud of Tara! So if you see her at trainings be sure to say congratulations on a "job well done".

Week of the Young Child Celebration

The Week of the Young Child is an annual celebration sponsored by the National Association for the Education of Young Children (NAEYC), the world's largest early childhood education association, with nearly 100,000 members and a network of over 300 local, state, and regional Affiliates. This year, we celebrate it **April 19-25, 2009**. We will keep you posted on activities we are planning, and watch for upcoming events on our website at www.earlychildhoodconnections.com.

The purpose of the Week of the Young Child is to focus public attention on the needs of young children and their families and to recognize the early childhood programs and services that meet those needs.

NAEYC first established the Week of the Young Child in 1971, recognizing that the early childhood years (birth through age 8) lay the foundation for children's success in school and later life. The Week of the Young Child is a time to plan how we--as citizens of a community, of a state, and of a nation--will better meet the needs of all young children and their families.

The Week of the Young Child is a time to recognize that children's opportunities are our responsibilities and to recommit ourselves to ensuring that every child experiences the type of early environment--at home, at child care, at school, and in the community--that will promote their early learning. As you plan your events, visit www.naeyc.org/woyc for ideas and strategies.



Thank You for a Successful Open House in Spearfish

The Spearfish office held an open house on January 7th, 2009. The new programs, Fit from the Start and Teeth-on-the-Go, as well as the new toy tubs from the Play and Learn Library, were showcased. Childcare providers from the Northern Hills Communities of Belle Fourche, Spearfish, and Lead-Deadwood joined us for an evening of fun and friendship.

The Grand Prize of the evening was a year-long subscription to the toy lending library which was won by Sandy Grosek of Deadwood. Congratulations Sandy!

Early Childhood Connections is proud to be Western South Dakota's Early Childhood Enrichment Provider.

Lead Poisoning – Prevention and Screening

Lead poisoning in children is one of the most preventable environmentally caused health problems. Almost one million children in the United States have elevated lead levels. Lead is a heavy metal that, upon entering the body, travels in the bloodstream to the bones where it may stay for a lifetime. High lead levels in the body may cause kidney problems, anemia, hearing loss, growth problems, developmental delays, seizures and coma. Most children with high blood lead levels will have no obvious symptoms until they reach school age.

Since lead poisoning is a preventable health problem, it is important to know where to look for places where a child may be exposed to lead. Lead poisoning does NOT come from chewing on lead pencils since there really is no lead in pencils. Places that may or do contain lead are homes that were built before 1950, paints that were made before 1977, household plumbing with lead pipes or copper pipes with lead solder used on the joints, arts and craft materials such as stained glass with lead solder and/or pottery, bathtubs with chipped finishes and busy freeways and industrial areas. Other sources of lead are painted toys, cribs, some imported toys, home remedies and mini blinds imported before 1996.

How do you prevent or reduce the risk of lead poisoning? If your home is an older home, check for peeling and/or chipped paint where a child may get in touch with it or eat small pieces of paint. You can cover chipped/peeling paint with a fresh coat of paint or contact paper. Be especially observant for paint dust/chips around window areas where children may play. If you are remodeling any area of an older home, contact the health department for information on how to safely remove lead based paint and/or pipes. If you rent your home, the landlord is responsible to remove any lead found on their property. When there are lead pipes, run the first morning tap water for at least 2 minutes before using the water for drinking or cooking. Do not use hot water for drinking, mixing formula or cooking.

Children with high blood lead levels usually do not have obvious symptoms. For this reason, your child's medical provider may test lead levels at some of your child's well child visits when your child is under three or four years of age. Testing is performed by taking a small amount of blood from the finger or from a vein in the arm. Your medical provider will review the results of the testing and talk with you about treatment plans if the levels are higher than normal.

Have an E-mail Address?

The ECC newsletter is sent out 4 times per year and normally we send over 600 hard copies through the mail. If you would like to receive the ECC newsletter by email, please call the office at 342-6464 or E-mail Bill at bschuler@rushmore.com.

ECC Office Holiday Closing

The ECC office will be closed on the following day:

May 25, 2009 Memorial Day

Our normal business hours are:
Monday - Thursday 8 am to 5 pm; Friday 8 am to 4 pm
We are closed from 12 to 1 pm for the lunch hour.

SD Association for the Education of Young Children and SD Head Start Association Annual Conference in Rapid City, SD April 30 – May 2, 2009

If you are interested in serving as a volunteer (handing out certificate stickers or serving in the presenter lounge) you may be able to have a free conference day. For more information contact Jan at 342-6464 or jtysdal@rushmore.com



For more information, visit: www.sdaeYC.org

Early Childhood Connections Training Calendar

| Date | Day | Location | Class Description | Time | Cost |
|------|-----|----------|-------------------|------|------|
|------|-----|----------|-------------------|------|------|

Please note: Classes will be canceled or rescheduled if enrollment does not include 6 participants on the day of or before the class

****Payment is due before classes are conducted, or the class completion certificate(s) will be withheld.****

Bright Start Responsive Parenting Classes

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|---|--------|-----|--|----------------|--|
| April 2 April 9 April 16 April 23 April 30 May 7 | Thurs. | ECC | <u>Bright Start Responsive Parenting Class</u> Responsive Parenting classes can increase the enjoyment and satisfaction of parenting young children. Parents will learn about topics such as social-emotional growth, early brain development, temperament and guidance. Instructor: Kathryn Kettering | 6:30 - 8:30 pm | No Charge Pre Registration Required |
| May 14 May 21 May 28 June 4 June 11 June 18 | Thurs. | ECC | <u>Bright Start Responsive Parenting Class</u> Responsive Parenting classes can increase the enjoyment and satisfaction of parenting young children. Parents will learn about topics such as social-emotional growth, early brain development, temperament and guidance. Instructor: Kathryn Kettering | 6:30 - 8:30 pm | No Charge Pre Registration Required |

| Date | Day | Location | Class Description | Time | Cost |
|--|-------|-----------|---|----------------|------|
| Infant and Child CPR Training ~ Pathways: CPR This introductory course includes First Responder information and hands-on experience with CPR mannequins required for Red Cross Certification. (Adult training available by request.) | | | | | |
| March 24 | Tues. | Spearfish | Infant & Child Instructor: Jennifer Nelson | 6:30 – 9:30 pm | \$25 |
| March 26 | Thurs | ECC | Infant and Child Instructor: Kevin Murray | 6:30 – 9:30 pm | \$25 |
| March 30 | Mon. | ECC | Infant & Child Instructor: Kevin Murray | 6:30 – 9:30 pm | \$25 |
| April 6 | Mon. | ECC | Infant & Child Instructor: Kevin Murray | 6:30 – 9:30 pm | \$25 |
| April 15 | Wed. | ECC | Infant & Child Instructor: Greg Hilt | 6:30 – 9:30 pm | \$25 |
| April 27 | Mon. | ECC | Infant & Child Instructor: Greg Hilt | 6:30 – 9:30 pm | \$25 |
| May 6 | Wed. | ECC | Infant & Child Instructor: Greg Hilt | 6:30 – 9:30 pm | \$25 |
| May 6 | Wed. | Spearfish | Infant & Child Instructor: Jennifer Nelson | 6:30 – 9:30 pm | \$25 |
| May 11 | Mon. | ECC | Infant & Child Instructor: Kevin Murray | 6:30 – 9:30 pm | \$25 |
| May 20 | Wed. | ECC | Infant & Child Instructor: Greg Hilt | 6:30 – 9:30 pm | \$25 |

First Aid in Early Childhood Settings Pathways: First Aid

Participants will gain knowledge related to common childhood accidents and injuries in addition to receiving hands-on instruction that will enable caregivers to perform First Aid.

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|---------|------|-----|-----------------------|----------------|-----|
| March 2 | Mon. | ECC | Instructor: Deb Kuehn | 6:30 – 8:30 pm | \$5 |
| April 6 | Mon. | ECC | Instructor: Deb Kuehn | 6:30 – 8:30 pm | \$5 |
| May 4 | Mon. | ECC | Instructor: Deb Kuehn | 6:30 – 8:30 pm | \$5 |

Enrichment Training

Fit From The Start (Series Only) ~ Instructors: Jan Tysdal and Brenda Biberdorf, RD, LN, County Extension Service

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|----------|------|-----|--|--------------------|------|
| March 14 | Sat. | ECC | <u>Preventing Childhood Obesity, Healthy Eating and Physical Activity</u> | 8:30 am – 12:30 pm | Free |
| April 15 | Wed. | ECC | <u>Healthy Kids = Healthy Adults and Learning and Movement Go Together</u> | 6:30 – 9:00 pm | Free |
| May 13 | Wed. | ECC | <u>Turn Off The Screen and Healthy Food Choices Matter</u> | 6:30 – 9:00 pm | Free |
| June 20 | Sat. | ECC | <u>Nutrition and Physical Activity to Fit a Busy Lifestyle</u> | 8:30 – 10:30 am | Free |

Fit From The Start (Series Only) ~ Instructors: Jennifer Nelson and Deb Rombough, Lawrence County Extension Service

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|----------|-------|-----------|--|--------------------|------|
| March 28 | Sat. | Spearfish | <u>Preventing Childhood Obesity, Healthy Eating and Physical Activity</u> | 8:30 am – 12:30 pm | Free |
| April 28 | Tues. | Spearfish | <u>Healthy Kids = Healthy Adults and Learning and Movement Go Together</u> | 6:30 – 9:00 pm | Free |
| May 19 | Tues. | Spearfish | <u>Turn Off The Screen and Healthy Food Choices Matter</u> | 6:30 – 9:00 pm | Free |
| June 23 | Tues. | Spearfish | <u>Nutrition and Physical Activity to Fit a Busy Lifestyle</u> | 6:30 – 9:00 pm | Free |

Preventing Childhood Obesity

Come learn about childhood obesity in SD and how it compares to obesity in our nation. Also, understand the risks of obesity to child health and the risks that carry into adulthood. *Pathways: Child Growth and Development*

Healthy Eating

Learn how to improve healthy eating in your child care. We will also look at the importance of being a positive role model with nutrition practices and look at some techniques to help providers work with parents. *Pathways: Nutrition for Children*

Physical Activity

Come learn how to increase opportunities for physical activity in your child care. We will also look at ways to provide supportive play environments. Alternative activities to TV viewing will also be discussed. *Pathways: Age-Appropriate Planning*

Healthy Kids = Healthy Adults

The class will focus on the childhood obesity epidemic, the causes of obesity, and what we can do to prevent it. We will also focus on the importance of a physically active lifestyle in children. *Pathways: Child Growth and Development*

Learning and Movement Go Together

The class will discuss the relationship between movement and learning from a child's perspective and how movement enhances brain development and other major developmental milestones. *Pathways: Age-Appropriate Planning*

Turn Off The Screen

This class will focus on the relationship between increased screen time (television, DVDs, computer and video games) and unhealthy lifestyles in children. This class will also focus on how the media influences children. *Pathways: Program Safety*

Healthy Food Choices Matter

This class will discuss the importance of providing healthy food choices for the children in your care. We will also discuss how to encourage favorable food attitudes and good eating habits in infants and children. *Pathways: Nutrition for Children*

Nutrition and Physical Activity to Fit a Busy Lifestyle

Learn how to improve your overall health wellness through healthy eating and physical activity. We will also look at the importance of being a positive role model when related to nutrition. *Pathways: Program Safety*

| Date | Day | Location | Class Description | Time | Cost |
|---|--------|-----------|--|----------------|----------------------------|
| March 12 | Thurs. | ECC | <u>Children in Foster Care</u> Instructor: Terri Murray What are the unique challenges facing children in foster care? Learn the roles of all of the people involved in a foster child's life and how to support a child through this challenge. <i>Pathways: Inclusion of All Children</i> | 6:30 – 9:00 pm | \$5 |
| March 16 | Mon. | ECC | <u>Director's Network: Hiring Practices</u> Instructor: Candy Kalil How do you find the right people for the right job? We all know that hiring practices and tools can make your program that much stronger. We will have some ideas to share on this topic but directors and supervisors should come prepared to share any ideas they have too! <i>Pathways: Program Management</i> | 6:30 – 8:00 pm | Free |
| March 19 | Thurs. | Spearfish | <u>Biting 101</u> An informational discussion will take place on biting, including prevention tips, first aid for bites and how to help parents cope during a biting phase. Instructor: Jennifer Nelson <i>Pathways: Guidance and Behavior Management</i> | 6:30 – 8:00 pm | \$5 |
| April 13 April 20 April 27 May 4 May 11 May 18 | Mon. | ECC | <u>Love and Logic</u> (Series Only) Instructor: To Be Announced April 13: Raising Responsible Kids April 20: The Love and Logic Formula April 27: "C" Stands for Control That's Shared May 4: "O" is for Ownership of the Problem May 11: "O" is Also for Opportunity for Thinking May 18: "L" Stands for Let Empathy & Consequences Do the Teaching and Let's Wrap It Up and Take It Home | 6:30 – 8:30 pm | \$50 single \$60 couple |
| April 14 | Tues. | ECC | <u>Newsletter Design</u> Come learn about designing newsletters to help keep parents informed and to promote your program. Leave with examples and new ideas for your own newsletter. Instructor: Candy Kalil <i>Pathways: Interpersonal Communication & Relationships</i> | 6:30 – 8:30 pm | \$5 |
| April 21 | Tues. | Spearfish | <u>Newsletter Design</u> Instructor: Candy Kalil Come learn about designing newsletters to help keep parents informed and to promote your program. Leave with examples and new ideas for your own newsletter. <i>Pathways: interpersonal Communication & Relationships</i> | 6:30 – 8:30 pm | \$5 |
| April 22 | Wed. | ECC | <u>Child Abuse and Neglect</u> Instructor: Deb Kuehn This course will explain how to recognize child abuse and how to report it and understand the role of the childcare provider. <i>Pathways: Child Abuse and Neglect</i> | 6:30 – 8:30 pm | \$5 |
| May 5 | Tues. | ECC | <u>Itchy Red Bumps and Other Childhood Illnesses</u> Instructor: Deb Kuehn Is it Chicken Pox or Hand, Foot and Mouth Disease? This class reviews safety standards for early childhood programs. Learn about common childhood illnesses, communicable illnesses, identification and prevention <i>Pathways: Identify and Prevent Communicable Diseases</i> | 6:30 – 8:30 pm | \$5 |

Preschool Block ~ Instructor: Kim Booth

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|----------|--------|-----|--|----------------|-----|
| March 26 | Thurs. | ECC | <u>Creative Arts</u> Creative Arts? What does that mean exactly? Learn how to connect activities, early learning guidelines, environments, materials and parent communication to create a rich creative arts curriculum. <i>Pathways: Age-Appropriate Planning</i> | 6:30 – 8:30 pm | \$5 |
| April 16 | Thurs. | ECC | <u>Social Studies</u> Social studies allow children to learn about themselves in their family and community. Learn how to connect activities, early learning guidelines, environments, materials and parent communication to create a rich social studies curriculum. <i>Pathways: Age-Appropriate Planning</i> | 6:30 – 8:30 pm | \$5 |
| May 21 | Thurs. | ECC | <u>Language Arts and Literacy</u> Learn how to aid in the skills, knowledge, and attitude that allow children to be successful readers. Learn how to connect activities, early learning guidelines, environments, materials and parent communication to create a rich language and literacy curriculum. <i>Pathways: Age-Appropriate Planning</i> | 6:30 – 8:30 pm | \$5 |

Child Care Orientation Training

This session is designed for persons or staff members who are new to the childcare field.

Level I

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|----------|------|-----------|---|----------------|--|
| March 16 | Mon. | Spearfish | <u>Health and Safety</u> Instructor: Deb Kuehn Participants will receive a brief overview of SD's health and safety standards as well as a quick overview of best practices. <i>Pathways: Program Safety, Identification of Communicable Diseases</i> | 6:30 – 8:30 pm | No Charge for New Child Care Staff |
| March 23 | Mon. | Spearfish | <u>How Children Learn</u> Instructor: Candy Kalil Participants will receive a blend of information and hands-on activities to help them understand how children develop and learn. <i>Pathways: Child Growth and Development, Age-Appropriate Planning</i> | 6:30 – 8:30 pm | |
| March 30 | Mon. | Spearfish | <u>Guidance</u> Instructor: Candy Kalil Participants will explore the various ways adults think about discipline and get an overview of best practices for caregivers to help children learn what the expectations are and control their own behavior. <i>Pathways: Guidance and Behavior Management</i> | 6:30 – 8:30 pm | |
| April 6 | Mon. | Spearfish | <u>Learning Environments</u> Instructor: Candy Kalil Participants will gain an awareness of how the physical environment affects how children and adults feel and act. In an attractive and well-designed environment, children are more purposefully engaged in activities. <i>Pathways: Learning Environments</i> | 6:30 – 8:30 pm | |

| Date | Day | Location | Class Description | Time | Cost |
|--|------|----------|---|----------------|--|
| Child Care Orientation Training | | | | | |
| This session is designed for persons or staff members who are new to the childcare field. | | | | | |
| Level I ~ Instructor: Candy Kalil | | | | | |
| April 13 | Mon. | ECC | <u>Health and Safety</u> Participants will receive a brief overview of SD's health and safety standards as well as a quick overview of best practices. <i>Pathways: Program Safety, Identification of Communicable Diseases</i> | 6:30 – 8:30 pm | No Charge for New Child Care Staff |
| April 20 | Mon. | ECC | <u>How Children Learn</u> Participants will receive a blend of information and hands-on activities to help them understand how children develop and learn. <i>Pathways: Child Growth and Development, Age-Appropriate Planning</i> | 6:30 – 8:30 pm | |
| April 27 | Mon. | ECC | <u>Guidance</u> Participants will explore the various ways adults think about discipline and get an overview of best practices for caregivers to help children learn what the expectations are and control their own behavior. <i>Pathways: Guidance and Behavior Management</i> | 6:30 – 8:30 pm | |
| May 4 | Mon. | ECC | <u>Learning Environments</u> Participants will gain an awareness of how the physical environment affects how children and adults feel and act. In an attractive and well-designed environment, children are more purposefully engaged in activities. <i>Pathways: Learning Environments</i> | 6:30 – 8:30 pm | |

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|---|-------|-----|---|----------------|-----|
| Level II ~ Instructor: Kim Booth | | | | | |
| April 14 | Tues. | ECC | <u>Program Management/Regulations</u> Participants will receive a brief overview of SD's regulations and licensing standards as well as a quick overview of creating a lesson plan. <i>Pathways: Program Management and Regulation</i> | 6:30 – 8:30 pm | \$5 |
| April 21 | Tues. | ECC | <u>Professionalism/Communications</u> Participants explore ways to build relationships and communicate effectively with parents and co-workers. <i>Pathways: Professionalism</i> | 6:30 – 8:30 pm | \$5 |
| April 28 | Tues. | ECC | <u>Cultural Diversity</u> Participants will gain an awareness of the value in providing an inclusive education that addresses not only cultural diversity but also gender and differences in abilities. <i>Pathways: Cultural Diversity</i> | 6:30 – 8:30 pm | \$5 |
| May 5 | Tues. | ECC | <u>Inclusion</u> Participants will receive a brief overview of the federal legislation that addresses the needs of children with disabilities along with basic information about welcoming all children into early childhood programs. <i>Pathways: Inclusion of All Children</i> | 6:30 – 8:30 pm | \$5 |

| Out of School Time (OST) – Credential Training | | | | | |
|--|--------|-----|---|--------------|---|
| Instructors: Candy Kalil and Shari O'Keefe | | | | | |
| OST Credential Training Series I – Management and Administration | | | | | |
| March 12 | Thurs. | ECC | Module 1-Observing Children in OST Programs <i>Pathways: Observing Children</i> | 6:30-9:00 pm | \$5 per class \$15 for CEU Teacher Renewal Credit |
| March 19 | Thurs. | ECC | Module 2-Sharing Information With Parents and Other Professionals <i>Pathways: Partnerships With Parents</i> | 6:30-9:00 pm | |
| March 26 | Thurs. | ECC | Module 3-Commitment to Quality in OST <i>Pathways: Program Management and Regulation</i> | 6:30-9:00 pm | |
| April 2 | Thurs. | ECC | Module 4-Making Plans and Developing Policies <i>Pathways: Program Management and Regulation</i> | 6:30-9:00 pm | |
| April 9 | Thurs. | ECC | Module 5-Creating and Managing Budgets in OST <i>Pathways: Program Management and Regulation</i> | 6:30-9:00 pm | |
| April 16 | Thurs. | ECC | Module 6-The Six "Ps" of Marketing OST Programs <i>Pathways: Program Management and Regulation</i> | 6:30-9:00 pm | |

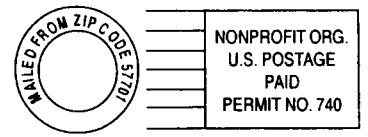
To Register, Contact: Early Childhood Connections (ECC)
605-342-6464 - Toll Free 888-999-7759 - FAX 605-394-0153
 Email dhilt@rushmore.com or bschuler@rushmore.com

| Date | Day | Location | Class Description | Time | Cost |
|---|--------|----------|---|----------------|--|
| OST Credential Training Series II – Leadership and Professionalism | | | | | |
| April 23 | Thurs. | ECC | Module 7-Growing as Professional: Focus on Health and Stress Management <i>Pathways: Professionalism</i> | 6:30 – 9:00 pm | \$5 per class \$15 for CEU Teacher Renewal Credit |
| April 30 | Thurs. | ECC | Module 8-Human Relations Skill Development: Focus on Leadership Styles and Conflict Management <i>Pathways: Professionalism</i> | 6:30 – 9:00 pm | |
| May 7 | Thurs. | ECC | Module 9-Exploring Ethics in OST: Focus on a Professional Code of Ethics <i>Pathways: Professionalism</i> | 6:30 – 9:00 pm | |
| May 14 | Thurs. | ECC | Module 10-Current Trends and Issues in OST <i>Pathways: Professionalism</i> | 6:30 – 9:00 pm | |
| May 21 | Thurs. | ECC | Module 11-Youth Development Trends: Focus on Older Youth <i>Pathways: Child Growth and Development</i> | 6:30 – 9:00 pm | |
| May 28 | Thurs. | ECC | Module 12-Creating Community Collaborations <i>Pathways: Program Management and Regulation</i> | 6:30 – 9:00 pm | |

| Social/Emotional Training Series for Infants/Toddlers ~ Instructor: Tammy Arens-Beauchamp <i>Pathways: Child Growth and Development</i> | | | | | |
|---|------|-----|---|----------------|--------------------------------------|
| March 9 and March 23 | Mon. | ECC | <u>Social Emotional Development Within the Context of Relationships</u> In this module students will learn key points about social and emotional development in infants and toddlers: <ul style="list-style-type: none"> The elements of social emotional wellness in infants and toddlers (precursors to preschool goals). Key developmental concepts that impact the social emotional development of infants and toddlers. The importance of families to the social emotional development of infants and toddlers. The importance of caregiver self-awareness to the positive social emotional development of infants and toddlers and to supporting families rearing infants and toddlers. Key social emotional needs of infants/toddlers | 6:30 – 9:00 pm | \$5 per class \$25 for series |
| April 8 and April 22 | Wed. | ECC | <u>Responsive Routines, Environments, and Strategies to Support Social Emotional Development in Infants and Toddlers</u> In this module students will learn key points related to responsive routines, environments, and strategies to support social emotional development in infants and toddlers: <ul style="list-style-type: none"> The importance of being intentional about supporting social emotional development in infants and toddlers The importance of caregiving routines and identifying strategies to support social emotional development Ways in which the physical environment can promote social emotional development in infants and toddlers Examine the environments in which you work and begin to make plans to enhance them to meet the needs of infants and toddlers in care Define emotional literacy and describe the kinds of interactions between adults and infants and toddlers that support emotional literacy Identify strategies for helping to build social skills in infants and toddlers. | 6:30 - 9:00 pm | \$5 per class \$25 for series |
| May 6 and May 20 | Wed. | ECC | <u>Individualized Interventions for Infants and Toddlers: Determining the Meaning of Behavior and Developing Appropriate Responses</u> In this class students will learn key points in determining the meaning of infant/toddler behavior and developing the appropriate strategies to deal with the behaviors: <ul style="list-style-type: none"> Understand and be able to describe the relationship between behavior and the communication of distress for infants and toddlers Identify the characteristics of challenging behavior for infants and toddlers Acting out and social withdrawing behaviors exhibited by infants and toddlers Family circumstances, including maternal depression, that can have an impact on the social emotional development of infants and toddlers Steps for working with parents in addressing concerns about infant and toddler behavior Explore the effect of infant or toddler behavior on the caregiver and identify ways in which the caregiver can use her reflections to understand and effectively address the needs of the child Have an opportunity to use a process for developing and implementing a support plan to respond to challenging behaviors | 6:30 - 9:00 pm | \$5 per class \$25 for series |

Please Note: We realize at times it is difficult to find childcare in the evenings. However, it is not appropriate to bring children to classes at Early Childhood Connections. Our learning environment is not designed to ensure the safety of children. It is also important that we are respectful of fellow students and the instructor. Please make other arrangements for your children while attending classes at Early Childhood Connections. Thank you.

Early Childhood Connections
809 South Street, Suite #304
Rapid City, SD 57701-3585



ADDRESS SERVICE REQUESTED

16th Annual Parent University



Saturday, March 21, 2009
8:00 am to 12:15 pm
General Beadle Elementary
10 Van Buren in Rapid City

For more information, contact:
Brandi Christoffer
605-348-9276
bchristoffer@clc.tie.net



April is Child Abuse Awareness Month

The Most Effective Way to Prevent Child Abuse is for communities to take action to support families. Protective factors are conditions in families and communities that, when present, increase the health and well being of children and families. Research has shown that the following protective factors are linked to a lower incidence of child abuse and neglect:

- Nurturing and attachment
- Knowledge of parenting and of child and youth development
- Parental resilience
- Social connections
- Concrete supports for parents



For information on local support, call 2-1-1