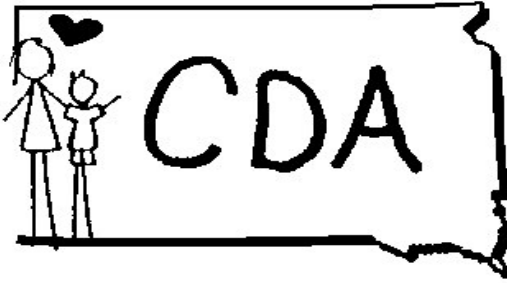




Early Childhood News

June – August 2008

Early Childhood Connections



What is a CDA Credential?

The CDA Credential is a nationally recognized early childhood credential awarded to individuals who have successfully completed a CDA assessment.

Who Administers the CDA Credential?

The Council for Professional Recognition in Washington, DC

Who Qualifies for Assessment?

To be eligible for assessment you must be a least 18 years of age, have a high school diploma or equivalent,

have 480 hours of experience working with children within the past 5 years and have 120 clock hours of formal early childhood education.

How do I receive my 120 clock hours of formal Early Childhood Education?

EARLY CHILDHOOD CONNECTIONS provides the training hours required through the South Dakota Child Development Associate Training Program

Classes begin in September and January
\$400.00 Scholarships available through the
Division of Child Care Services

For more information about training and
scholarships contact:

Kim Booth 342-6464 or 1-888-999-7759

Office Closings

The ECC office will be closed on the following days:

May 26, 2008	Memorial Day
June 16, 2008	Staff In-service
July 4, 2008	Independence Day
September 1, 2008	Labor Day

Our normal business hours are:

Monday - Thursday 8 am to 5 pm; Friday 8 am to 4 pm
We are also closed from 12 pm to 1 pm for lunch hour

Our Mission:

To enrich the lives of children by working with the adults who affect their lives: parent, care-givers, and educators

Early Childhood Connections is proud to be Western South Dakota's Early Childhood Enrichment Provider.

Sunblock Mistakes

Most parents understand that using sun block is important and they try their best to avoid sunburned kids. Unfortunately, no matter how careful they are, they are sometimes left with a sunburned child or a child with a deep, dark tan. Avoiding common mistakes that parents make when using sun block can help you avoid painful sunburns. These mistakes include:

1. **Not using sun block.** This is especially common early in the spring or summer, when you don't think it is sunny enough to get a burn. Parents also sometimes forget to use sunscreen when it is late in the day, when they underestimate how long their kids will be outside, or when it is cloudy outside.
2. **Not using enough sun block.** The average person uses less than half the recommended amount of sun block when they do apply it on their kids. So apply a thick layer to each section of your child's body, to the point that it is actually hard to work it all in.
3. **Missing areas of their child's body when they apply sun block.** Many kids, especially younger ones, don't like to have sun block put on them. This can make applying sun block quite the battle, making it easy to miss a shoulder, thigh, or nose.
4. **Not reapplying sun block every few hours, especially when your kids are in the water or sweating a lot.** Even sun block that is waterproof should be reapplied often.
5. **Waiting too long to put sun block on.** Remember, to be effective, sun block should be applied about 30 minutes before your kids go outside. If you wait until your kids are already outside, they will be unprotected for about 30 minutes until the sun block is most effective, which is more than enough time to get a tan or sun burn.
6. **Letting their kids play outside when the sun is strongest, between 10:00 am and 4:00 pm.**
7. **Not providing kids with shade.** To avoid the sun and help keep kids from getting overheated, some shade can be helpful.

Source: www.keepkidshealthy.com

Child Care Referral Service

Connecting child care providers with the families that need them

Did you know that Early Childhood Connections offers a childcare referral system? The child care referral database is in place to allow parents who live, work, or study in Rapid City and the surrounding area to obtain profiles of child care providers who closely match their child care needs. Providers of child care services are placed on the database at no cost.

What type of information is included in the child care profile?

- Type of Program: Family Child Care, Group Family, Child Care Center, School-Age Care
- Program name
- Director's name
- Program's address
- Program's phone number
- Hours of operation
- Group size
- Ages cared for in program

Any licensed or registered child care program can be listed with our Referral Service. If you are interested in being placed on the child care referral database, please call or E-mail Debra Hilt at 605-342-6464 or dhilt@rushmore.com. The child care providers themselves report all child care referral information provided by the Referral Service to Early Childhood Connections. The Referral Service listings are updated monthly to provide the most recent information possible.



Early Childhood Connections Training Calendar

Date	Day	Location	Class Description	Time	Cost
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Please note: Classes will be canceled or rescheduled if enrollment does not meet 6 participants on the day before or of the class

First Aid in Early Childhood Settings					
<i>Pathways: First Aid</i>					
Participants will gain knowledge related to common childhood accidents and injuries in addition to receiving hands-on instruction that will enable caregivers to perform First Aid.					
July 7	Mon.	ECC	Instructor: Deb Kuehn	6:30 – 8:30 pm	\$5
Aug. 4	Mon.	ECC	Instructor: Deb Kuehn	6:30 – 8:30 pm	\$5
Sept. 8	Mon.	ECC	Instructor: Deb Kuehn	6:30 – 8:30 pm	\$5

Infant and Child CPR Training *Pathways: CPR*

This introductory course includes First Responder information and hands-on experience with CPR mannequins required for Red Cross Certification. (Adult training available by request and \$5 additional charge)
**Payment for CPR classes must be made at the time of registration. If you register by e-mail or telephone, payment will need to be received in our office within 3 business days from the day your registration was received.

June 19	Thurs.	ECC	Infant & Child Instructor: Kevin Murray	6:30 – 9:30 pm	\$20
July 9	Wed.	ECC	Infant & Child Instructor: Greg Hilt	6:30 – 9:30 pm	\$20
July 15	Tues.	ECC	Infant & Child Instructor: Janet Smith	6:30 – 9:30 pm	\$20
July 21	Mon.	ECC	Infant & Child Instructor: Greg Hilt	6:30 – 9:30 pm	\$20
Aug. 4	Mon.	ECC	Infant & Child Instructor: Greg Hilt	6:30 – 9:30 pm	\$20
Aug. 13	Wed.	ECC	Infant & Child Instructor: Greg Hilt	6:30 – 9:30 pm	\$20
Sept. 10	Wed.	ECC	Infant & Child Instructor: Greg Hilt	6:30 – 9:30 pm	\$20

Enrichment Training

June 11	Wed.	Spearfish	<u>Child Abuse and Neglect</u> This course will explain how to recognize child abuse and how to report it and understand the role of the child care provider Instructor: Deb Kuehn <i>Pathways: Child Abuse and Neglect</i>	6:30 – 8:30 pm	\$5
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Out of School Time (OST) – Credential Training

OST Credential Series II – Leadership/Professionalism

May 15	Thurs.	ECC	Module 7: Growing as a Professional—Focus on Health and Stress Management <i>Pathways: Professionalism</i>	6:30-9:00 pm	\$5 per class \$15 for CEU Teacher Renewal Credit
May 22	Thurs.	ECC	Module 8: Human Relations Skill Development—Focus on Leadership Styles and Conflict Management <i>Pathways: Professionalism</i>	6:30-9:00 pm	
May 29	Thurs.	ECC	Module 9: Exploring Ethics in OST—Focus on a Professional Code of Ethics <i>Pathways: Professionalism</i>	6:30-9:00 pm	
June 5	Thurs.	ECC	Module 10: Current Trends and Issues in OST <i>Pathways: Professionalism</i>	6:30-9:00 pm	
June 12	Thurs.	ECC	Module 11: Youth Development Trends—Focus on Older Youth <i>Pathways: Child Growth and Development</i>	6:30-9:00 pm	
June 19	Thurs.	ECC	Module 12: Creating Community Collaborations <i>Pathways: Program Management and Regulation</i>	6:30-9:00 pm	

Bright Start Responsive Parenting Classes

Responsive Parenting classes can increase the enjoyment and satisfaction of parenting young children. Parents will learn about topics such as social-emotional growth, early brain development, temperament and guidance.

June 26 July 3 July 10 July 17 July 24 July 31	Thurs.	ECC	<u>Bright Start Responsive Parenting Class</u> Instructor: Kevin Murray	6:30 - 8:30 pm	No Charge Pre Registration Required
Aug. 6 Aug. 13 Aug. 20 Aug. 27 Sept. 3 Sept. 10	Wed.	ECC	<u>Bright Start Responsive Parenting Class</u> Instructor: Bridge Stone	6:30 - 8:30 pm	

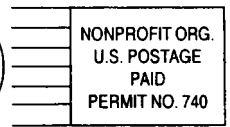
To Register Contact:

Early Childhood Connections (ECC)

605-342-6464 - Toll Free 888-999-7759 - FAX 605-394-0153

Email dhilt@rushmore.com or lawedde@rushmore.com

Early Childhood Connections
809 South Street, Suite #304
Rapid City, SD 57701



ADDRESS SERVICE REQUESTED

School Beverage Guidelines

America's leading beverage companies recently introduced new School Beverage Guidelines developed with the Alliance for a Healthier Generation- a joint initiative of the American Heart Association and the William J. Clinton Foundation. The guidelines were developed using nutrition science, including the American Heart Association's *Dietary Guidelines for Healthy Children* and *2006 Diet and Lifestyle Recommendations*.

The guidelines offer students a range of low-calorie and smaller-portion beverage options such as bottled water, low-fat and no-fat milk and 100% juice with no added sweeteners. Full calorie sodas are being removed from school vending machines. Diet sodas, low-calorie teas and sports drinks will be available in high schools only.

The American Beverage Association aims to achieve implementation of this initiative for 75 percent of schools prior to the start of the 2008-2009 school year and full implementation for all schools prior to the 2009-2010 school year. They note that "reaching these goals is provided that schools and school districts are willing to amend existing school contracts and change the mix of products in their schools."

Please Note:

We realize at times it is difficult to find childcare in the evenings. However it is not appropriate to bring children to classes at Early Childhood Connections. Our learning environment is not designed to ensure the safety of children. It is also important that we are respectful of fellow students and the instructor. Please make other arrangements for your children while attending classes at Early Childhood Connections.

Thank you.